

IN SEARCH OF SUSTENANCE



Eastern Woodland Indians relied on acorns as an important food source. Shelled acorns were soaked in water to remove bitter tannins, dried, and ground into a fine powder. The powder was used to make soup, porridge, and bread.



To find acorns at the Arboretum, follow the Upland Walk. Several species of oak trees grow here; look for plant labels along the path. Oak leaves are lobed, with pointy or rounded tips.

